

MBox Viewer for Windows Walkthrough

Video walkthrough available on the Tool Walkthrough Playlist at <https://youtube.com/@hexordia>

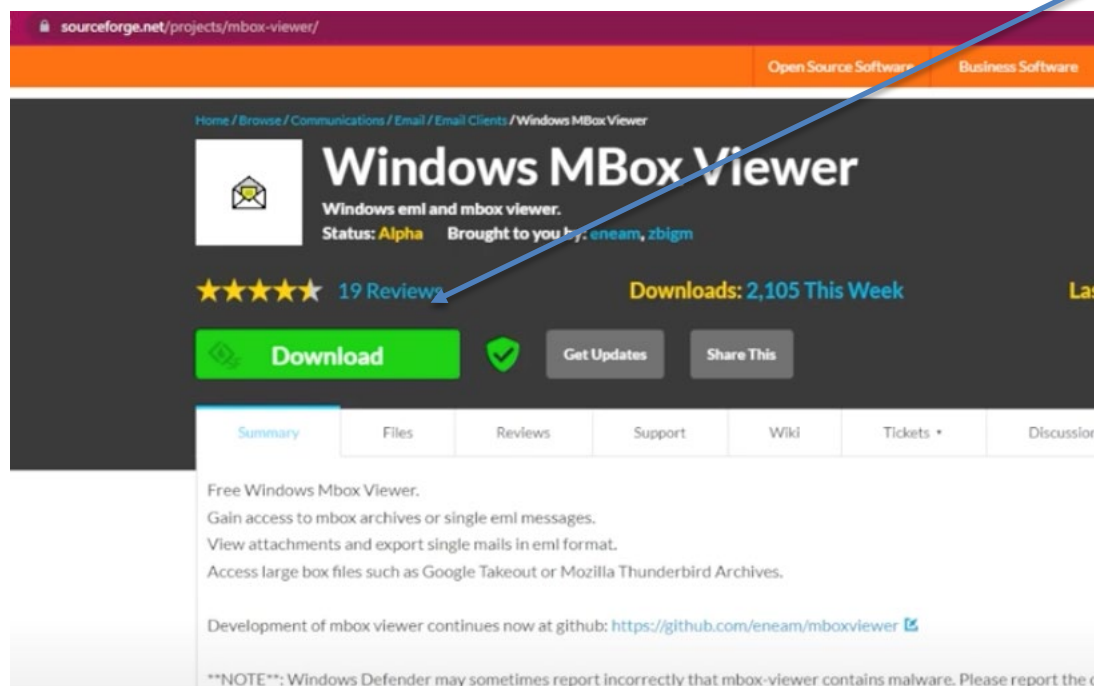
To start download MBox Viewer from this website <https://sourceforge.net/projects/mbox-viewer/files/latest/download>

Prior to installation, verify the hash value to the known good from the syllabus for students enrolled in the HMFA Virtual Live course. The MD5 hash value for the mbox-viewer.exe-v1.0.3.36.zip version v1.0.3.37 is 1a1c8f0f7c4a701c4dc2765922ddd655.

**If you already have Window MBox Viewer Installed, please move on to [Set Up and Use](#).

INSTALLATION

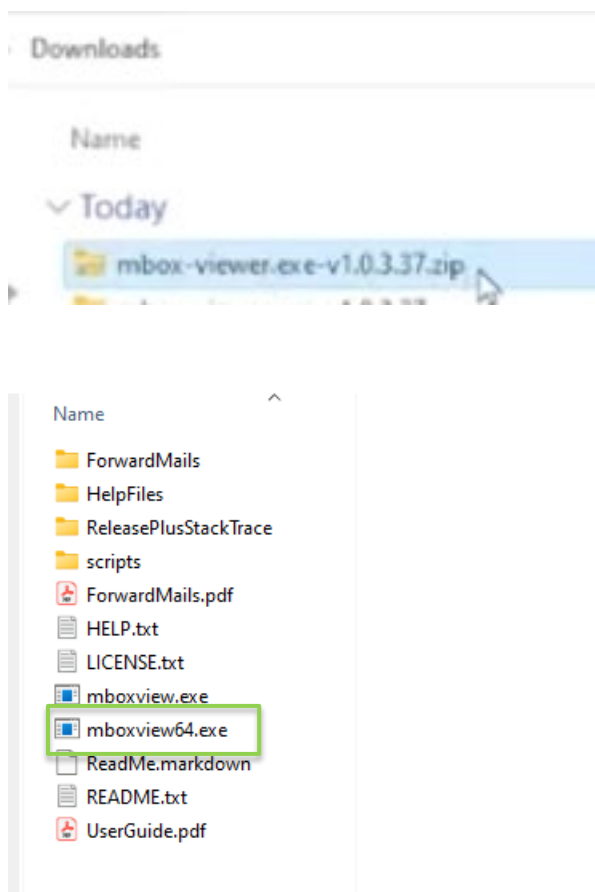
Select "Download."



The screenshot shows the SourceForge project page for "Windows MBox Viewer". The page includes a navigation bar with "Open Source Software" and "Business Software" options. The main content area features the project title "Windows MBox Viewer" with a sub-description "Windows eml and mbox viewer." and "Status: Alpha". Below this, there are "19 Reviews" and "Downloads: 2,105 This Week". A prominent green "Download" button is visible, with a blue arrow pointing to it. Other buttons include "Get Updates" and "Share This". The page also has a "Summary" tab selected, showing a brief description of the tool and its capabilities.

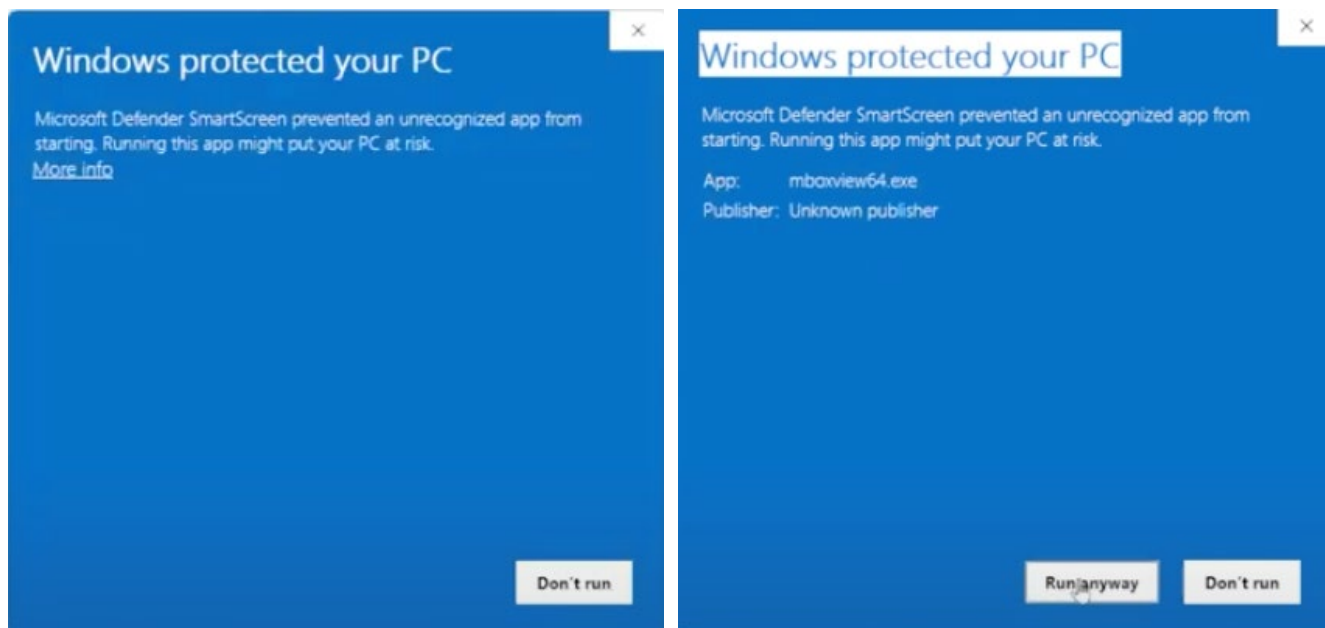
The file downloaded will be a .zip file.





Right click and select “open” or double click the mboxview64.exe file. Depending on the system that this is downloaded on, mboxview.exe may be selected instead.





The system may pop-up with a Windows Defender. Select “More info” and select “Run anyway”.

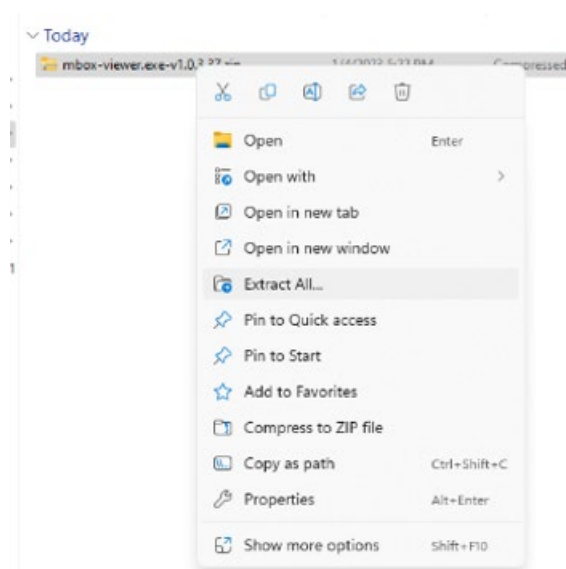
Options here are to “extract all” or “run.”

If option to “run” is selected this is the warning that may be presented.

Once run is selected, the Mbox viewer will automatically load after selecting “More Info” and “run anyway” on the Window defender.

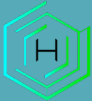
If “extract all” is preferred, then right click the download and select “extract all.”





Once extracted navigate to the extracted file and select “mboxview64.exe.” The Mbox viewer will load.





Downloads > mbox-viewer.exe-v1.0.3.37

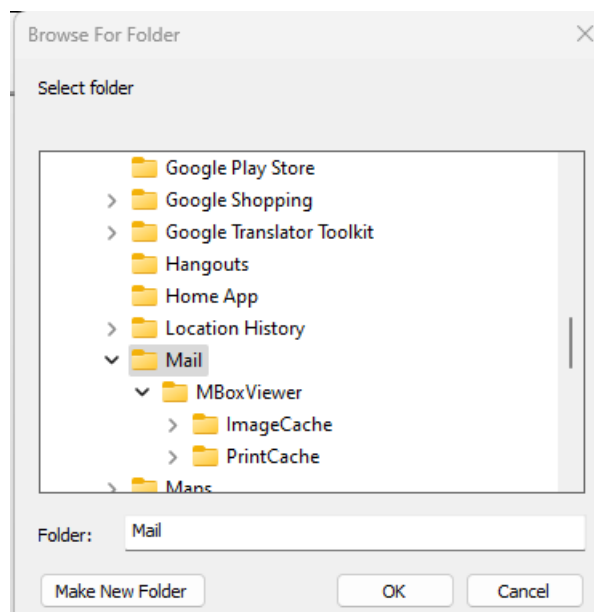
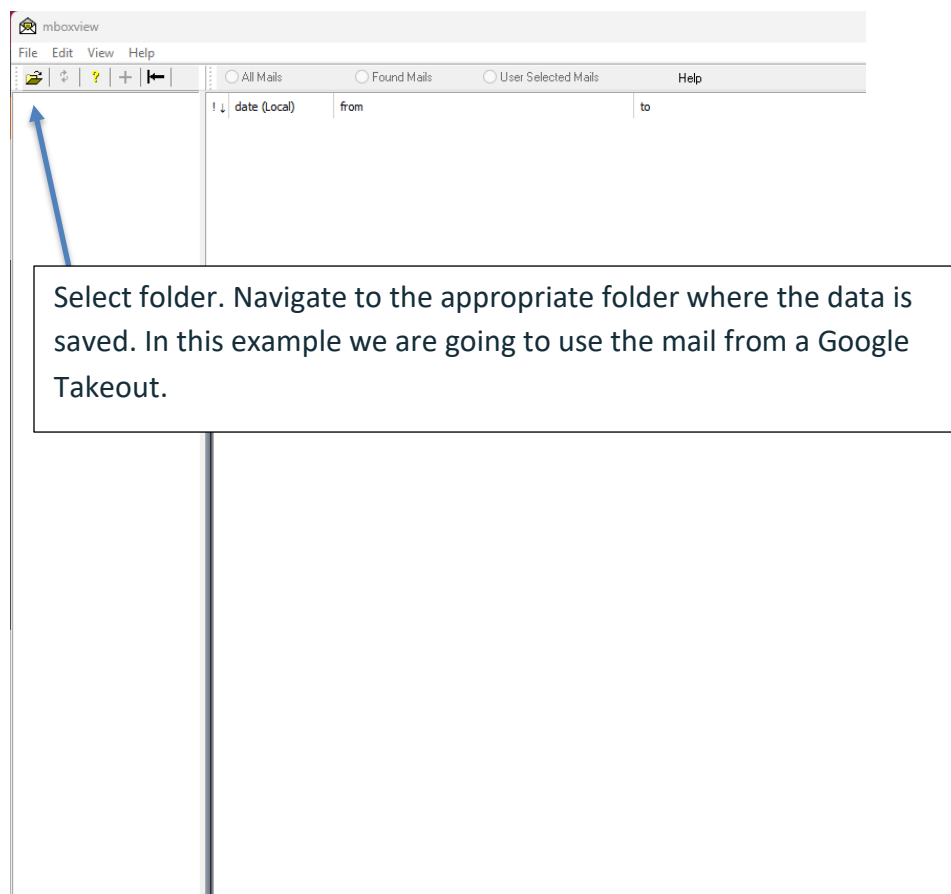
Name

Today

- LICENSE.txt
- mboxview.exe
- mboxview64.exe**
- ReadMe.markdown
- README.txt
- UserGuide.pdf
- ForwardMails.pdf
- HELP.txt
- HelpFiles
- ReleasePlusStackTrace
- scripts
- ForwardMails

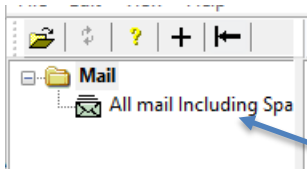


SET UP AND USE



Select the "Mail" Folder and click "ok".





Click the “All mail including Spam and Trash.mbox.”

From here, click through the emails and review the information available. Data may include header information such as Subject, From/To, date, and then the message. It may take a few moments for the file to load.

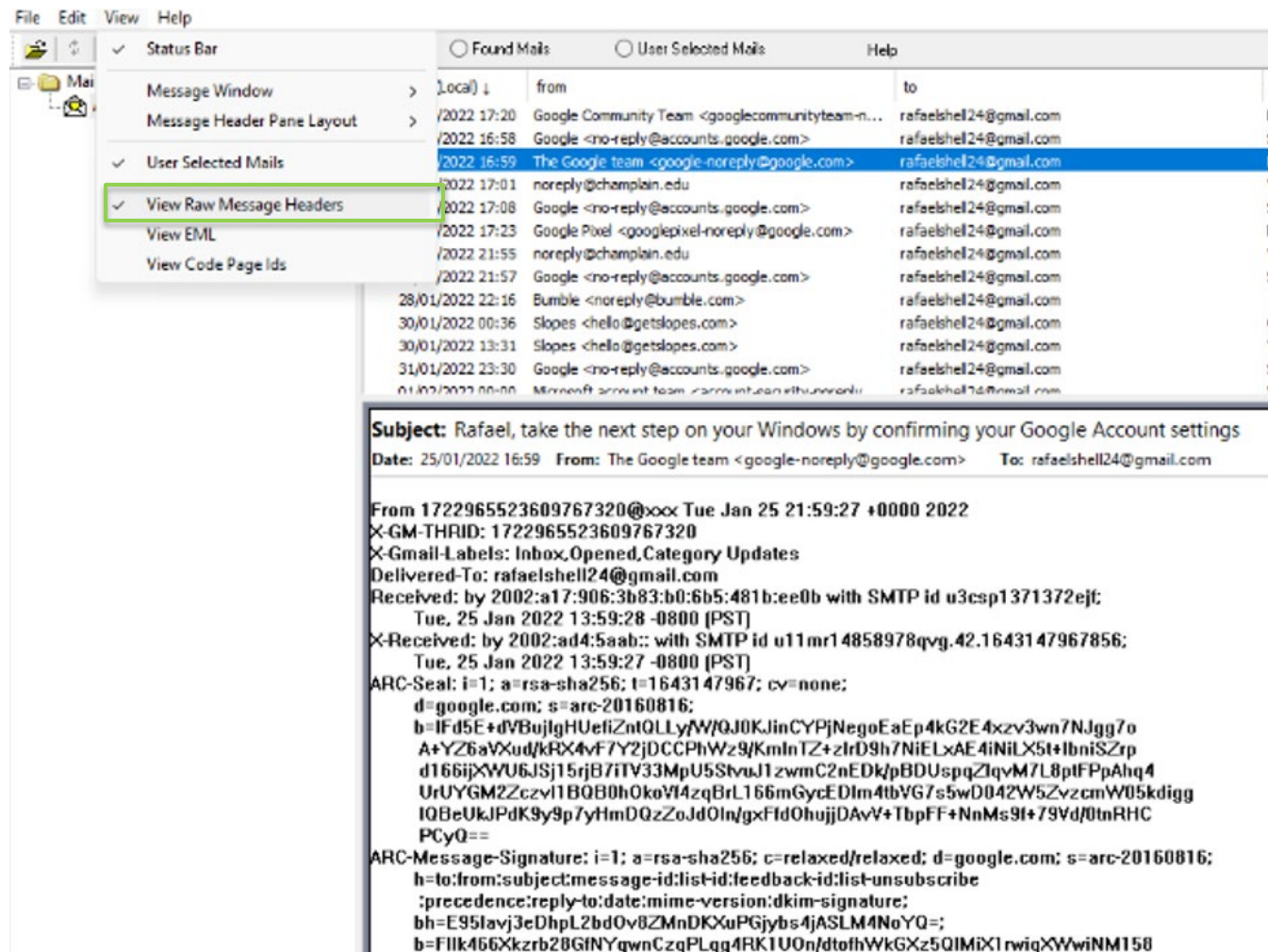
The screenshot shows the 'mboxview' application interface. On the left, a folder tree shows 'Mail' expanded to 'All mail Including Spam and...'. The main area displays a list of emails with columns for date, from, to, and subject. One email is selected, showing its details:

Subject: Confirm Your Email Address
Date: 21/01/2020 14:59 **From:** "Team Snapchat" <no_reply@snapchat.com> **To:** "chester_russe20" <king.chester.802@gmail.com>

The email body contains a confirmation message from Snapchat, featuring the Snapchat ghost logo and the text: "Confirm your email?", "Hi chester_russe20,", and "Thanks for adding your email address on Snapchat. Please".



Additional views, include Raw Message Headers. Select “view” and select “view Raw Message Headers.”



The screenshot shows an email client interface with a menu open. The menu options are: Message Window, Message Header Pane Layout, User Selected Mails, View Raw Message Headers (highlighted), View EML, and View Code Page Ids. The main window displays a list of emails with columns for date, from, and to. The selected email is from 'The Google team' to 'rafaelshell24@gmail.com'.

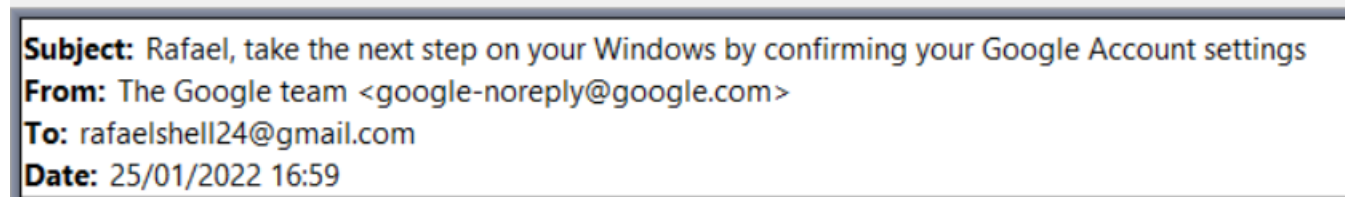
Subject: Rafael, take the next step on your Windows by confirming your Google Account settings
Date: 25/01/2022 16:59 **From:** The Google team <google-noreply@google.com> **To:** rafaelshe124@gmail.com

From 1722965523609767320@xxx Tue Jan 25 21:59:27 +0000 2022
X-GM-THRID: 1722965523609767320
X-Gmail-Labels: Inbox,Opened,Category Updates
Delivered-To: rafaelshe124@gmail.com
Received: by 2002:a17:906:3b83:b0:6b5:481b:ee0b with SMTP id u3csp1371372ejf; Tue, 25 Jan 2022 13:59:28 -0800 (PST)
X-Received: by 2002:ad4:5aab:: with SMTP id u11mr14858978qvg.42.1643147967856; Tue, 25 Jan 2022 13:59:27 -0800 (PST)
ARC-Seal: i=1; a=rsa-sha256; t=1643147967; cv=none; d=google.com; s=arc-20160816; b=IFd5E+dVBujlgHUefiZntQLLyfW/QJ0KJinCYPjNegoEaEp4kG2E4xzv3wn7NJgg7oA+YZ6aYXud/kRX4vF7Y2jDCCPhWz9/KmlnTZ+zlrD9h7NiELxAE4iNiLX5t+IbniSZrp d166ijxWU6JSj15rjB7iTV33MpU5StvuJ1zwmC2nEDk/pBDUspqZlqvM7L8ptFPpAhq4UrUYGM2Zczv1BQB0h0kaYt4zqBrL166mGycEDIm4tbVG7s5wD042W5ZvzcmW05kdigg IQBeUkJPdK9y9p7yHmDQzZoJd0In/gxFid0hujjDAvV+TbpFF+NnMs9t+79Vd/0tnRHC PCyQ==
ARC-Message-Signature: i=1; a=rsa-sha256; c=relaxed/relaxed; d=google.com; s=arc-20160816; h=to:from:subject:message-id:list-id:feedback-id:list-unsubscribe;precedence:reply-to:date:mime-version:dkim-signature; bh=E95lavj3eDhpl2bd0v8ZMnDKXuPGjybs4jASLM4NoYQ=: b=FiIk466Xkzrb28GfNYqwnCzqPLqg4RK1UOn/dtofhWkGXz5QIMiX1rwiqXYwiNM158

The Message Header has a default view, as seen in the screenshot below.

Subject: Security alert
Date: 31/01/2022 23:30 **From:** Google <no-reply@accounts.google.com> **To:** rafaelshe124@gmail.com

To change to the expanded view, select “View,” “Message Header Pane Layout,” and then “Expanded.”



The screenshot shows the expanded view of the message header. The text is larger and more readable than in the default view.

Subject: Rafael, take the next step on your Windows by confirming your Google Account settings
From: The Google team <google-noreply@google.com>
To: rafaelshe124@gmail.com
Date: 25/01/2022 16:59